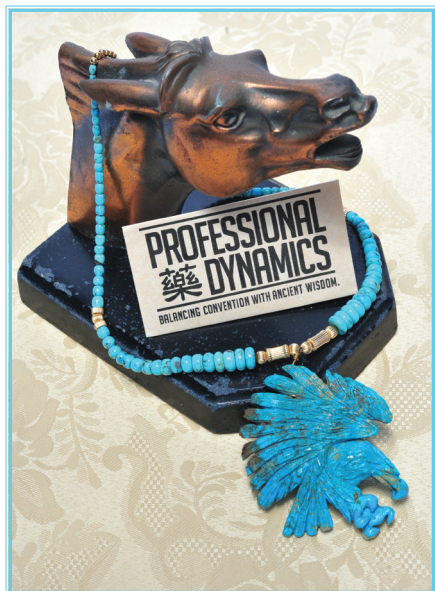


ADVENTURE SERIES FOR HOLISTIC HEALTH PRACTITIONERS



Dear Reader,

My inspiration for designing this adventure series comes from watching my teachers (homeopath, holistic dentist, meditation teacher) succumb to suicide, cancer and Alzheimer's. It became very apparent that being enlightened on the spiritual level did not always allow the earthly journey to be without *dis-ease*. The question of "who heals the healer" became louder with each loss. Therefore, it is my mission to offer the healer a walk in both worlds—earthly and spiritual—by bringing you together in community to observe and participate in topics that support both business and self-care. The Eagle Symposium is the first in a series of three offerings. 2) Horse - Power: Carrying Responsibility with Balance in 2013; 3) Earth Healing: Harnessing Earth Essences in 2014. My ultimate hope is that this will enhance your time on earth and increase your capacity to share your gifts of healing with mankind.

Bette Jo Arnett
Homeopath, Author, Educator



OBJECTIVES

- Recognize how dental work can interfere with general health
- Construct interview questions to ask clients about their dental work
- Evaluate your literature, business cards and handouts to match the intention you want to project to a client
- Construct a plan to enhance literature you use to attract clients
- Learn new creativity tools and apply them to real-world problems
- Use creativity tools to develop plans for integrating and mainstreaming holistic care with conventional care
- Creatively develop plans to promote business and professional services
- Balance experiences in the earthly and spiritual realm
- Manifest your true essence
- Observe holistic options to conventional diagnosis available for the treatment of Alzheimer's
- Gain self care awareness to compliment your practice
- Establish boundaries for self care
- Utilize your healing tools for self care
- Distinguish between care giving, healing and self care
- Be awareness of the geological surroundings of Minnesota and its effect on the healer's practice
- Observe thoughts and practicing of techniques to quiet the mind
- Observe the influence of meditation on relaxation and self care

PROJECTED OUTCOMES

- Recognize why some clients don't experience improvement.
- Attract clients through marketing and personal self care.
- Choose the workload that benefits the client and maintains resiliency of the practitioner.
- Learn to use relaxation, meditation and self care tools to prevent burnout.



The Minnesota Homeopathic Association has endorsed Adventure Series for Holistic Health Practitioners as education that meets the Association's mission for Classical Homeopaths in the State of Minnesota.

EAGLE SYMPOSIUM...

"Broadening our sense of self beyond the horizon of what is presently visible..."
The Medicine Cards by Jamie Sams and David Carson

"Deepening our Relationships: Our Business, Our Profession, Ourselves"
October 25, 26 & 27th 2012

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TAKING CARE OF BUSINESS
October 25, 2012 • 8:00-5:00

8:00-9:00 Registration and continental breakfast

9:00-10:15
KEYNOTE SPEAKER
"Root Canals Change Everything: The Influence of Dentistry on the Healer's Practice"
Bette Jo Arnett
Homeopath, Author, Educator

10:15-10:45 Break

10:45-12:00 *"Finding a Voice for Your Business Integrating Right Brain Thinking in a Left Brain World"*
Damon Lacey, Designer, Creative Thinker

12:00-1:00 Lunch

1:00-4:00
AFTERNOON WORKSHOP
1001 ways to enhance your business presence
"From Fantasy to Reality: Making Holistic Health Philosophy Mainstream"
Fred Amram
Professor of Communication and Creativity, University of Minnesota

4:00-5:00 HAPPY HOUR: Music, food and time to make connections with other healers.
Local musicians performing.

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SELF CARE
October 26, 2012 • 8:00-5:00 Pm

8:00-9:00 Registration and continental breakfast

9:00-10:15am
KEYNOTE SPEAKER
"Living Our Spark: Remembering Who We Really Are"
Reverend Nancy Herrick
Our Spiritual Center, Science of Mind Practitioner

10:15-10:45 Break

10:45-12:00 *"Integrated Care: Moving through the Spiral from Survival to Creative Expression"*
Case presentation of a holistic healer's journey back to health from Alzheimer's; discussion with the client, Mary Alice Reed, and the holistic practitioners involved in her care (homeopath, chiropractor, body worker).

12:00-1:00 Lunch

1:00-4:00
AFTERNOON WORKSHOP
Who heals the healer at the end of the day?
"The Practice of What We Teach: Embodying Principles of Healing"
Ester Nicholson
Agape International Licensed Practitioner, Motivational and Inspirational
Speaker, Author; Unity Online Radio Host and Recording Artist

4:00-5:00 HAPPY HOUR: Music, food and time to connect with other healers. Ester Nicholson performing.

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ENTERING THE STILLNESS
October 27, 2012 • 8:00-5:00

8:00-9:00 Registration and continental breakfast

9:00-10:15
KEYNOTE SPEAKER
"The Essence of Minnesota: A Geological Perspective for the Healer"
Dona Mary Dirlam
Geologist, Gemologist, Librarian for the Liddicoat Library, GIA

10:45-12:00 "Watching our Thoughts"
Mary Alice, "Srikari"

1:00-2:15 "Morton Granite Meditation"
Mary Alice Reed, "Srikari"

2:30-3:30 "Experiencing Other Healers' Trades" Variety of vendors in the healing arts offering demonstrations on massage, kinesiology, music therapy, brain enhancement and primordial movement

3:30- 4:00 "Spiritual Comedy Time"
Local comedian

4:00- 5:00 Award Door Prizes and Complete Symposium Evaluation Forms
HAPPY HOUR: Networking

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WORKSHOP INCLUDES:

- Breakfast, snacks, lunch of organic meat and meatless dishes
- Beverages: tea, coffee, water and juices
- MP3 recordings
- Handouts
- Networking at the end of each day, 4:00-5:00
- Food tasting during the networking experience
- One hour lunch break and snack breaks throughout
- Live entertainment during breaks and networking

TRANSFER OPTION: If you cannot attend for some reason, you may transfer your tuition to someone you know who is in the healing arts.

REGISTER NOW
There is limited seating.

DETACH HERE

EAGLE SYMPOSIUM

Deepening Our Relationships... Adventure Series for the Healer
October 25, 26 & 27, 2012 • 8:00 am - 5:00 pm
Historic Banks Building, 615 First Avenue NE. Minneapolis, Minnesota

Tuition...\$349 for three days; Early Bird tuition...\$299 by September 10, 2012
One-day-only tuition...\$149 (available after September 10th 2012)
\$100 to reserve your place/remainder due October-20-12.

Name _____
Address _____
City, State, Zip _____
Phone _____
Email _____

Mail checks to or call to register with a credit card:
Professional Dynamics, LLC
5325 West 74th St. Suite 16, Edina, Mn 55439 • 612-599-6288

BIOGRAPHIES

ESTER NICHOLSON is the author of [12 Keys to Freedom: The Path to Metaphysical Recovery](#). She is a licensed spiritual therapist with Michael Beckwith's Agape International Center. With a deep understanding of spiritual teachings, Ester talks to audiences around the globe on topics that help the participants embody healing tools and find their place of service to others and the planet. In addition to her role as a motivational speaker, she is an inspirational recording artist. Ester has appeared on Oprah, The Tonight Show, Ellen DeGeneres and The View. She has also appeared as a singer with Rod Stewart and Bette Midler on two world tours. She hosts a radio talk show for Unity Online radio every Monday.

FRED AMRAM is a retired, award-winning Professor of Communication and Creativity. He has authored books and articles about creativity, inventors, robotics and communication. Professor Amram has been a curator of exhibitions about creativity and women inventors throughout the United States. He has provided world-wide consulting services to industry, government agencies and educational institutions...and he invents! In presenting Professor Amram with the Patent and Trademark Office's prestigious Excellence in Education Award, the Commissioner of the PTO referred to Amram as "excellence in education personified."

DONA MARY DIRLAM is the Director of the Richard T. Liddicoat Gemological Library and Information Center at the GIA in Carlsbad, California. She holds a B.S. in Earth Sciences from the University of Minnesota (Minneapolis) and an M.S. in Geology and Geophysics from the University of Wisconsin (Madison). Ms. Dirlam is a GIA Graduate Gemologist (GG). With GIA support she built the largest gem and jewelry library in existence. She received the Richard T. Liddicoat Award for Distinguished Achievement in 2004. She has co-authored nine published articles, including "Polynesian Black Pears," "Gem Wealth of Tanzania" and "Pearl Localities in 2010." She lectures throughout the country on gem and jewelry topics.

MARY ALICE REED was diagnosed with Alzheimer's on 11-11-11 following testing brought about by confusion and disorientation while on a trip. In 2005 she began working as part of a caregiver team with elderly clients and continues to do so. This experience has taught her a great deal about aging and how we as a culture treat the elderly and "pigeonhole" them via "diagnosis and medical beliefs and practices." Her spiritual journey began at age six at vacation bible school. The love, joy, music and teaching she experienced there is still present and precious to her. Spiritual practice became a lifelong part of her through prayer, meditation, classes and teaching. Mary Alice has a communication degree from St Catherine's. She was ordained in 1986 in Unity teachings, Light of Christ Community Church at Sancta Sophia Seminary in Tahlequah, Oklahoma. She has studied Shamanic healing, Twelve Steps, Religious Science, and has taught Ishayas meditation since 2003.

REV. NANCY HERRICK is the Senior Minister of Our Spiritual Center in Minneapolis, MN. She is ordained by Centers for Spiritual Living, an organization promoting consciousness studies and spiritual healing. She is a licensed Science of Mind practitioner, counselor and teacher of classes in practical spiritual growth, including meditation and positive prayer. She has served as a spiritual leader in Minnesota, New Mexico and California. Nancy has studied with conscious luminaries Jean Houston, Barbara Marx Hubbard, Dolores Krieger, Rosalyn Bruyere, Brugh Joy, Michael Beckwith, Rocco Errico, Mary Ann Mattoon (a Jungian master here in Minneapolis). She is a happy mother, grandmother and seeker of knowledge.

DAMON LACEY, with over nineteen years of design experience, is able to formulate communicative strategies and translate creative ideas into solutions for clients. He works with large and small businesses from Leonardo's Pizza to Health Partners and Target. Damon is organized, detailed, responsible and ego-free in his approach to clients. His passion for design and marketing allows him to walk in both worlds, utilizing both sides of the brain. His ability to help a variety of clients in specialized markets makes him valuable as a right brain thinker in a left brain world.

BETTE JO ARNETT graduated from the Northwestern School of Homeopathy in 1998. She is a registered dental hygienist in the State of Minnesota and worked with Ron King, a holistic dentist in St. Louis Park, for 17 years. A former educator of dental hygiene at Mankato State University, Argosy University and Herzing College, she recently completed a Master's Degree from the University of Minnesota and wrote her thesis on "Making Dentistry Whole; Integrating the Best of Eastern and Western Philosophy to Benefit the Dental Patient." Bette Jo practices homeopathy and health coaching in Edina, Minnesota and is the owner of Professional Dynamics, LLC. Her book [Wholeistic Dentistry](#) was released in August 2011 at her dental health booth, "Solutions for your Smile to Last a Lifetime," (www.solutionsforyourmile.com) at the Upper Grandstand, Minnesota State Fair.

MORTON GRANITE is a metamorphic rock (magmatitic gneiss) of the Achaean age (3600 million years old). Found in Morton, Minnesota (120 miles from the Twin Cities), it is composed of quartz, feldspar, and biotite. At one time, it was close to melting; it sports rich bands of pink, black and white, looking as if it were bent. This rock has been used in monuments throughout the U.S. from the Shedd Aquarium in Chicago to the Kennedy Memorial in Washington, DC. It is the oldest rock recorded to be used in building materials today.